

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 03/15/2016  
FORM APPROVED  
OMB NO. 0938-0397

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  495245	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____  B. WING _____	(X3) DATE SURVEY COMPLETED  03/10/2016
---	---	--	---

NAME OF PROVIDER OR SUPPLIER  ARCADIA NURSING & REHAB CENT	STREET ADDRESS, CITY, STATE, ZIP CODE 17405 LANKFORD HIGHWAY NELSONIA, VA 23414	REVISED
--	---	---------

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
--------------------------	--	---------------------	--	----------------------------

F 000 INITIAL COMMENTS

F 000

An unannounced Medicare/Medicaid standard survey was conducted 3/08/16 through 3/10/16. Corrections are required for compliance with the following 42 CFR Part 483 Federal Long Term Care Requirement. The Life Safety Code survey/report will follow.

The census in this 60 certified bed facility was 42 at the time of the survey. The survey sample consisted of 10 current resident reviews (Residents #1 through 10) and one closed record review (Resident #11).

F 520 483.75(c)(1) QAA  
SS=C COMMITTEE-MEMBERS/MEET  
QUARTERLY/PLANS

F 520

*Preparation and/or execution of this plan of correction does not constitute admission or agreement by the provider of the truth or the facts alleged or conclusions set forth in the statement of deficiencies. The plan of correction is prepared and/or executed solely because it is required by the provision of Federal and State Law. This plan of correction constitutes the facilities credible allegation of compliance.*

A facility must maintain a quality assessment and assurance committee consisting of the director of nursing services, a physician designated by the facility, and at least 3 other members of the facility's staff.

The quality assessment and assurance committee meets at least quarterly to identify issues with respect to which quality assessment and assurance activities are necessary, and develops and implements appropriate plans of action to correct identified quality deficiencies.

A State or the Secretary may not require disclosure of the records of such committee except insofar as such disclosure is related to the compliance of such committee with the requirements of this section.

Good faith attempts by the committee to identify

RECEIVED

MAR 21 2016

VDH/OLC

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE <i>Gisa Nottingham</i>	TITLE <i>Administrator</i>	(X6) DATE <i>3-16-16</i>
---	-------------------------------	-----------------------------

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 03/15/2016  
FORM APPROVED  
OME NO. 0938-C361

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  495245	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____  B. WING _____	(X3) DATE SURVEY COMPLETED  03/10/2016
---	---	--	---

NAME OF PROVIDER OR SUPPLIER  ARCADIA NURSING & REHAB CENT	STREET ADDRESS, CITY, STATE, ZIP CODE 17405 LANKFORD HIGHWAY NELSONIA, VA 23414	REVISED
--	---	---------

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
--------------------------	--	---------------------	--	----------------------------

F 520 Continued From page 1  
and correct quality deficiencies will not be used as  
a basis for sanctions

This REQUIREMENT is not met as evidenced  
by:

Based on facility staff interview and facility record  
review the facility staff failed to maintain a  
quarterly quality assurance committee including a  
physician designated by the facility

A physician was not present at the quarterly  
quality assurance meetings for two quarters on  
10/05/2015 and 1/12/2016.

In an interview with Administration #1 on 3/10/16  
at 9:30 am it was noted that the quality assurance  
committee meets monthly and quarterly.  
According to Administrator #1 the designated  
physician #1 had not attended the monthly or the  
quarterly quality assurance meetings in the last  
six months. According to Administration #1, the  
quality assurance meetings are always scheduled  
on Tuesdays and physician #1 is routinely  
scheduled in the facility on Wednesdays unless  
otherwise needed. The quality assurance  
process identified by Administration #1, was to  
meet with physician #1 the day after each  
monthly and quarterly quality assurance meeting  
to provide updates. After Administration #1 and  
Physician #1 meet then Physician #1 signs the  
Quality Assurance Performance Improvement  
Committee Members sign in sheet dated the day  
of the quarterly meeting

Administration #1 noted the process of talking  
with Physician #1 was on the day after monthly  
and quarterly quality assurance meetings to  
update on the meeting and follow up with any

F 520

- No resident suffered any adverse effects from this deficient practice
- All residents had the potential to be affected by this deficient practice.
- The Administrator and the Quality Assurance Committee have been provided additional education/in-service on ensuring that the Medical Director, the Director of Nursing and at least three other members of the facility staff meet at least quarterly to review Quality Assurance Committee activity in an effort to make a good faith attempt by the committee to identify, correct and monitor quality deficiencies identified by the committee. The Medical Director has been made aware and will be in personal attendance at each quarterly Quality Assurance Committee meeting going forward. The recording secretary for the Quality Assurance Committee will monitor each meeting sign in sheet to ensure the proper committee members to include the Medical Director were in attendance

RECEIVED

MAR 21 2016

VDH/OLC

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 03/15/2016  
FORM APPROVED  
OME NO 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  495245	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____  E. WING _____		(X3) DATE SURVEY COMPLETED  03/10/2016
NAME OF PROVIDER OR SUPPLIER  ARCADIA NURSING & REHAB CENT			STREET ADDRESS CITY STATE ZIP CODE 17405 LANKFORD HIGHWAY NELSONIA, VA 23414 REVISED		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)		(X5) COMPLETION DATE

F 520 Continued From page 2

F 520

concerns or issues that Physician #1 would warrant coordination by Administration #1. It was stated by Administration #1: "I could move the quarterly and monthly quality assurance meetings to Wednesdays to ensure physician #1 would attend with the committee members."

According to the facility record review the quality assurance sign in sheets identify attendance for the last two quarter meetings on 10/05/2015 and 1/12/2016 by the Director of Nursing and three other facility staff members. Physician #1's signature was on both sign in sheets for each quarterly meeting; however, the physician did not attend these meetings with the rest of the committee but signified that Administration #1 had meet with Physician #1 individually the next day and provided an update.

An 3/10/2016 email was received from Physician #1 evidencing: "The administrator of the (facility) meets with me monthly and we discuss any and all issues pertaining to Quality Assurance. (Administration #1) has let me know that I do need to attend these meetings at least quarterly, and (Administration #1) is going to move the meeting to Wednesdays so that I am available to attend." (Administration #1 and Physician #1) "will continue to meet monthly to discuss QA (Quality Assurance)."

- The Administrator will review the recorded signature page of each Quarterly Quality Assurance Committee minutes each quarter to ensure the proper committee members have been in attendance.

3/10/16

RECEIVED

MAR 21 2016

VDH/OLC